

10.10.2015

BEING A BLESSING OF GOD

The Healing Power of Words

A Blessing is not a Blessing until it is spoken and shared. "I love you." "I am proud of you." "God Bless you." Are words that come from God through us human vessels that have been inspired by His Holy Spirit.

Do not save your loving speeches for your friends till they are dead. Do not write them on their tombstones, speak them rather now instead.

Words are very important to people in our lives. Whether stranger or family, they profoundly impact those around us. They are tools like a hammer: words can build up or tear down.

When you help someone to rise higher, when you hold them up to God; He makes sure that someone else will be there when you need to be held up. When you Bless others, you release the good in them. Your words of Blessing are God's words meant for that person. You become a vessel who breathes God's life. Such words release protection, wisdom, favor, deliverance and all words of increase in life.

This is especially true when God brings people across our paths. A spoken word becomes a blessing when you consider the message that God wants that person to hear. God breathes new life into others' souls through our words.

Blessings that are spoken by an authoritarian figure are even much more magnified. It has incredible power when spoken by somebody who has a God given authority over you.

You fulfill your God given destiny by allowing God's words to reside and thence come from you to others. More so, God promised us that He would be the father to the fatherless. He gave us the authority and power in our words:

A rectangular text box with a parchment-like background and a dark border. The text is written in a serif font and reads: "Today will Never come again. Be a blessing. Be a friend. Encourage someone. Take time to care. Let your words heal, and not wound."

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- To Create
- To Build up
- To Affirm
- To Spread His Blessings

Throughout the Scriptures, we see the power of blessing. It is sought after, fought for and granted as a determining factor in the life of a man. There is something deeply powerful in the blessing of God through another...and there is a deep hunger in the heart of every person for that blessing. Let us learn some ways to help us bless those in our lives.

We will soon view Joel Osteen in a video teaching us how to become a conduit of God's Blessings by encouraging those people in our lives.



What happens to our lives when we make a shift in our attitude and admit that Jesus is our Savior and invite Him into our heart of hearts?

Let us listen attentively to the wisdom found in Holy Scripture, our Catechism and in Modern Comment.

Proverbs 12:25 18:4

Worry weighs down the heart, but a kind word gives it joy. The words of one's mouth are deep waters, the spring of wisdom, a running brook.

Psalms 107:20 119:49-50

God sent forth his word to heal them, and snatched them from the grave. Remember your word to your servant by which you give me hope. This is my comfort in affliction, your promise that gives me life.

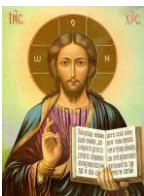
1 John 4:12

No one has ever seen God. Yet, if we love one another, God remains in us, and his love is brought to perfection in us.



1 Peter 4:8-9

Above all, let your love for one another be intense, because love covers a multitude of sins. Be hospitable to one another without complaining. The Word of the Lord



Catechism

1669 - We are called to be a Sacrament

Sacramentals derive from the baptismal priesthood: every baptized person is called to be a "blessing," and to bless.

Modern Comment – Joel Osteen: The Blessing

There is power in the spoken blessing. Its impact shapes and changes destinies. Yet, many people today live with a void inside from not receiving the adoration, love and affirmation from their earthly father. This lack of approval leads many people to find validation in activities and people. But, the good news is that you have a heavenly Father who loves you unconditionally and wants to affirm and bless you. Psalm 68:5 promises that our God is "a father to the fatherless." Joel Osteen 2015

YOU HAVE THE RESPONSIBILITY
TO BLESS YOUR CHILDREN

Questions to Focus on:

- 1. What portion of Joel's presentation was most meaningful to you?

2. Have you had an experience where you touched someone's life and uplifted them?

3. Any ideas how you can take Joel's message and use it in your life?

Men's Group Calendar

10/24/2015	Leadership Meeting	8 AM Sacred Heart Library
11/14/2015	Men's Group	7 AM Mass
11/28/2015	Leadership Meeting	8 AM Sacred Heart Library
12/12/2015	Men's Group	7 AM Mass

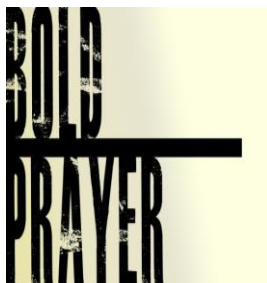


A Man who never quits is Never Defeated.

Take time to encourage people - to build people up. You do not know why God has brought a person across your path. The only voice that God may have at a given moment in someone's life, is yours. Do Him justice.

May God Bless You.

St. Hilary Men's Group.



Lord, God and Savior, by your love you draw me to yourself. Forgive me – the sinner that I am, and fill me with every good thing, not withholding even the gift of your most beloved son. Come dwell in my heart.

Send forth your Holy Spirit to guide me in your path. Make me worthy of your love, and teach me how to forgive as you forgave.

Thank you for your tender mercies. I ask you to bless my family, friends and those who I meet in my comings and goings. Where there is joy, give them continued joy. Where there is pain or sorrow, give them your peace and mercy. Where there is self-doubt, release in them a renewed confidence. Fill their every need with your Holy Grace.

You are indeed my Lord, God and Savior. Amen



"Preach the Gospel at all times, and when necessary, use words."

St. Francis of Assisi

Saints are holy people and regular human persons who lived extraordinary lives. Saints responded to God's invitation to use their unique gifts. They are teachers and guides for us. God calls each one of us to lead a life of exceptional holiness.

ACTION PLAN

This week I will do my best to listen for God's will in my life by:

Creating a daily prayer practice.

Seeking God in prayer and being quiet in His presence.

Paying more attention to Blessing those in my life as God intends.

Asking Jesus for help in becoming a better servant.

Practice Forgiveness.



Give Samples of Jesus away Daily:

✝ Mercy ✝ Kindness ✝ Justice ✝ Joy

✝ Forgiveness ✝ Compassion ✝ Peace

...and most of all ✝ Love



A Prayer of Forgiveness

Merciful God, your living word tells us that you not only forgive our offenses, you forget them. I have a hard time with both. Forgetting past hurts and those who have hurt me is almost impossible. I have never been, nor ever want to be, a person without a memory.

But I do want to be able, to forgive those who have hurt me, wronged me, disappointed me, failed me, and even damaged me. I want to forgive them, because I too have hurt many in the course of my life – and I want to be forgiven even as I forgive.

Accepting forgiveness and forgiving others go hand in hand.

My Lord, I know that forgiveness is a choice, a decision. I may not feel forgiving, yet in and through this prayer, I choose to forgive, especially the following person(s):

(Name them.)

I may have to pray this prayer over and over. Old attitudes and grudges do not go away easily.

Help me too, God to forgive myself for real or imagined failures. Show me how to let go of the past, to stop beating up on myself, so I can eliminate my self-hatred as I grow in self-love.

Dear Jesus, let me become a more forgiving person – toward others and my self—so that I may experience healing, peace, and renewal, and be a Blessing to others. Amen.